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Suicide prevention e-learning modules designed for gatekeepers: A descriptive review

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The Journal of Crisis Intervention and Suicide Prevention

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Suicide Prevention E-Learning Modules Designed for Gatekeepers

A Descriptive Review

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Abstract. *Background:* E-learning modules can be a useful method for educating gatekeepers in suicide prevention and awareness. *Aims:* To review and provide an overview of e-learning modules on suicide prevention designed for gatekeepers and assess their effectiveness. *Method:* Two strategies were used. First, articles were systematically searched in databases of PubMed, Web of Science, and PsycINFO. Second, Google search was used to find e-learning modules on the Web. *Results:* The literature search resulted in 448 papers, of which none met the inclusion criteria of this study. The Google search resulted in 130 hits, of which 23 met the inclusion criteria of this review. Organizations that owned the modules were contacted, of which 13 responded and nine were included in this study. The effectiveness of two e-learning modules is currently being tested in a randomized controlled trial (RCT), one organization is planning to test the effectiveness of their module, and one organization has compared their face-to-face training with their online training. Furthermore, the included modules have different characteristics. *Conclusion:* There is a need for RCTs to study the effectiveness of online modules in this area and to understand which characteristics are essential to create effective e-learning modules to educate gatekeepers in suicide prevention.

Keywords: e-learning, gatekeepers, modules, review, suicide

Background

In the last few decades experts believe that much has been achieved in the field of suicidology. Identification of the risk factors associated with suicidality, worldwide acknowledgment that this topic is an important public health problem, and the development of crisis helplines are just a few of the accomplishments to name (O'Connor, Platt, & Gordon, 2011). Nevertheless, despite these remarkable achievements, there are still many challenges that need the attention of suicidologists. Recently, the World Health Organization (WHO) published a framework addressing the needed strategies in suicide prevention (WHO, 2012). One of the proposed strategies was to train gatekeepers in suicide prevention. Gatekeepers, in this case, are defined as professionals who, due to their profession, come in contact with people who might be at risk for suicide. For instance, primary health care providers, school staff, and police are all gatekeepers (Gould & Kramer, 2001; WHO, 2012). In order to detect and prevent suicidality, defined as suicidal behavior, that is, thoughts and actions, it is impor-

tant that gatekeepers have sufficient knowledge about the prevalence and appearance of suicidality. Furthermore, it is essential that professionals interacting with at-risk individuals are familiar with the required steps in the process of recognition, guidance, and referral of suicidal persons. When warning signs associated with suicidality occur, if trained, gatekeepers can be among the first people to recognize them and refer the person in need for further assistance (Quinnett, 2007).

Although research regarding its effectiveness is limited, gatekeeper training is a promising tool in suicide prevention (Isaac et al., 2009; Mann et al., 2005; Rihmer, Rutz, & Pihlgren, 1995; Van der Feltz-Cornelis et al., 2011). The principle behind gatekeeper training is to give gatekeepers information about suicidality so that their knowledge increases, and they develop the attitudes and skills required to recognize, guide, and refer persons at risk for suicide (Gould & Kramer, 2001; Gould, Greenberg, Velting, & Shaffer, 2003; Mann et al., 2005; Van der Feltz-Cornelis et al., 2011). Nevertheless, even when educational training and courses are offered, several obstacles may inhibit gatekeepers from attending them. First, the subject of

suicidality is surrounded with social stigmas and taboos (WHO, 2012). Second, gatekeepers have limited time to participate in face-to-face courses and training due to their often busy schedule (Walsh, Hooven, & Kronick, 2013; Yu, Chen, Yang, Wang, & Yen, 2007). Third, face-to-face training and courses cannot take into account the needs of every participant separately. Gatekeepers have no other choice than to take part in training and courses that often take many hours, sometimes even days to attend, while they may only be interested in a small segment of the training (Yu et al., 2007). A good answer to these obstacles might be to offer suicide prevention training and courses online (Quinnett, 2013).

Considering that in 2011, an estimated 33% of all people used the Internet worldwide (International Telecommunication Union, 2013), the shift from face-to-face to an online learning environment may be a good addition to existing prevention programs. Especially since the majority of public institutions, where gatekeepers can be found, have access to the Internet. One way to do this is to present the content of the training through e-learning modules. E-learning is a web-based structure that transfers information and knowledge to the learner (Sun, Tsai, Finger, Chen, & Yeh, 2008). E-learning modules, in this case, stand for packed pieces of information. Online learning modules have several advantages over face-to-face training and courses. First, online e-learning modules can be available 24/7 from any given location. This flexibility and accessibility allows unrestricted access to the material, thus, updating and maintaining the gained knowledge becomes easier. Second, gatekeepers have the liberty to choose which modules they want to attend depending on their needs. In addition, users are allowed to determine their own pace. Third, e-learning modules can be offered to a large audience at the same time. Fourth, e-learning modules can be composed with minimal effort and resources. In some cases, for instance when further maintenance is not needed, only their development requires financial resources, meaning that the modules can be offered at a low price or even free of charge. Lastly, tracking usage of the modules and collecting data online becomes feasible.

Nevertheless, despite these advantages there are several potential barriers that could affect effective education through e-learning methods. In 2003 and 2004, the Information Management Research Institute from Northumbria University carried out a systematic review on the barriers in effective e-learning for health professionals and students (Childs, Blenkinsopp, Hall, & Walton, 2005). The found barriers and their solutions were categorized into eight different “issue” categories: organizational, economics, hardware, software, support, pedagogical, psychological, and skills. Organizational barriers included the time-consuming development process and lack of skills. Economic issues involved the development and maintenance costs of e-learning courses. Three categories (hardware, software, and support) integrated technology issues, mostly concerning lack of availability and assistance. Finally, pedagogical, psychological, and skills barriers involved change resistance from trainers such as lack of acceptance, motivation, and appropriate skills. Although this study did not

cover e-learning modules targeting gatekeepers explicitly, the discussed barriers could be generally applicable to all e-learning methods. In addition, developing e-learning for gatekeepers might be more challenging than developing e-learning for students since the level of prior knowledge and skills varies considerably among gatekeepers. While face-to-face interaction allows more flexibility in altering the course content, this will be lacking with e-learning strategies. Also, gatekeepers attending suicide prevention trainings might appreciate and benefit more from face-to-face components due to the stigma and taboos associated with this subject.

The purpose of this study was to review the currently available suicide prevention e-learning modules designed for gatekeepers, and assess their effectiveness to provide an overview of existing programs, their target and audience, the form of delivery, and findings on their efficiency. To the best of our knowledge, this is the first review conducted in this area.

Method

Two different search strategies were applied. First, a systematic search of the published literature was carried out using three databases. Second, as it was expected that the amount of published papers on this topic would be limited, Google search was used to find e-learning modules that could not be found using the first search strategy. In the review, modules were included that met the following criteria: (1) the training included a packed e-learning module, (2) it aimed to prevent suicide or suicidality, and (3) it targeted gatekeepers potentially involved in suicide prevention. Only e-learning modules meeting these three criteria were included in this study.

Literature Search

The search strategy consisted of four steps. First, in collaboration with a group of experts on suicide prevention, synonyms or related words were collected that captured the terms *gatekeepers*, *suicide*, and *e-learning modules*. This was done to expand the reach of the search and resulted in three search categories (see Table 1). Second, a matrix multiplication was made in a way that the search terms of each category were combined in a three-term-combination. Thus, each word from category 1 was combined with each word from category 2 and category 3, and vice versa resulting in 45 three-term combinations. Third, articles were systematically searched in PubMed, Web of Science, and PsycINFO using these three-term combinations. The database research was first carried out in February 2012 and updated in February 2013. The search period was not limited.

Finally, the abstracts of all articles found were reviewed independently by two reviewers. Duplicates were removed and only articles that met the three inclusion criteria were included. After agreement on the abstracts for

Table 1. List of search terms used in the search strategy divided into three categories

Learner	Prevention target	Mode
Gatekeepers	Sui* (suicide, suicidality)	E-learning module
Healthcare professionals	Depression ^a	Module
Teachers	Deliberate self-harm	E-learning
Nurses	Self-injury	Online
Psychologists	Self-poisoning	Online learning
Counselors		Online training
Family doctors		Electronic learning
General practitioners		Electronic education
Child practitioners		Distance learning
		Web-based learning
		Web-based training
		Webinar
		Internet learning

Note. ^a In the literature the search term *depression* is very often linked to *suicide* and vice versa, therefore depression was used as a proxy for suicide.

inclusion, full papers with potentially eligible abstracts were retrieved and examined in detail.

Google Search

This search strategy was carried out in August 2012 and consisted of three steps. First, the terms *suicide*, *e-learning*, and *module* were combined using the plus sign in Google search. Second, the results on each page were studied and if the page described, consisted of, or redirected to an e-learning module on suicide prevention, this module was included. The examination of the pages was stopped once the page contained no relevant or only recurring modules.

Results

Literature Search

The literature search resulted in 448 papers of which 110 were papers that occurred more than once. The abstracts of all 338 papers were reviewed of which nine met all three, 16 met at least two, 72 met one, and 241 met none of the inclusion criteria for this study. The full text of the nine papers with potentially eligible abstracts was examined in detail and none of the papers met all three inclusion criteria: five included a face-to-face training, two had no e-learning module format, one included a blended learning program without suicide prevention in the distance-learning component, and one included a systematic review in which no suicide e-learning module was described.

Google Search

The Google search resulted in 263,000 results ordered in decreasing relevance. Pages were examined and the examination was stopped once a result page did not contain relevant e-learning modules or contained only e-learning modules that were included previously. Using these criteria the examination was stopped at page 13, resulting in a total of 130 potentially relevant webpages, of which 45 appeared eligible after a first screening of the available information regarding the content of the module on the webpage. After removal of duplicates ($n = 7$), the remaining 38 pages were examined in more detail. Finally, 15 pages were excluded from this pool, because they did not have an e-learning module format ($n = 7$), included a face-to-face training ($n = 3$), were offline ($n = 2$), were not about suicidality ($n = 2$), or in progress ($n = 1$), resulting in 23 useable webpages describing e-learning modules. Figure 1 depicts a flowchart of the two search strategies.

The selected modules were owned by institutes across eight different countries: US ($n = 6$), Australia ($n = 6$), The Netherlands ($n = 3$), UK ($n = 4$), Belgium ($n = 1$), Ireland ($n = 1$), Canada ($n = 1$), and India ($n = 1$). Information about the e-learning modules was collected from the Internet; however, the available material was generally not sufficient to fully describe the characteristics of the modules. Therefore organizations that owned the modules were contacted in January 2013 and February 2013 by e-mail, and were asked to answer several questions (see Table 2). After 2 weeks, reminders were sent to organizations that did not respond.

Of the 23 institutes addressed for the survey, 14 responded, of which one refused to provide further information. Moreover, modules produced by two organizations were excluded from this study after their response. One organization from The Netherlands had withdrawn their

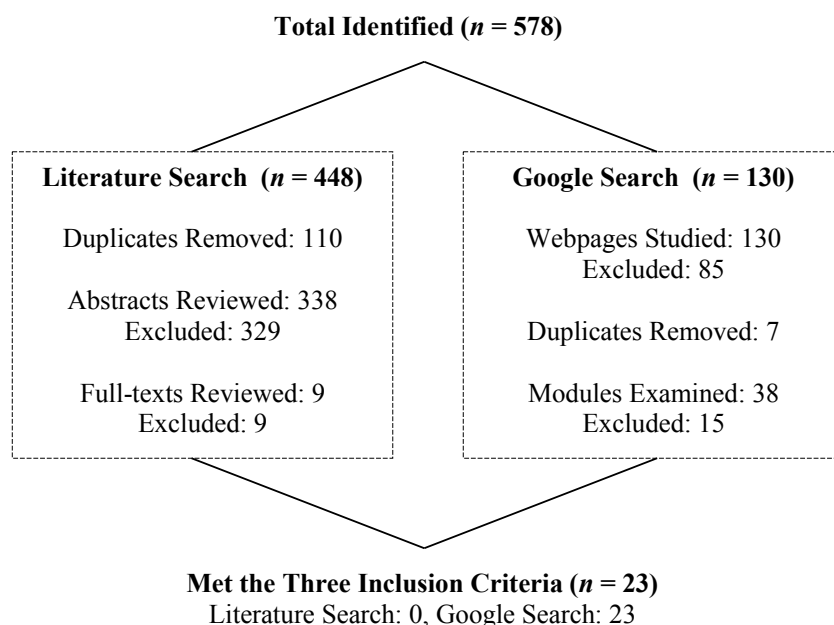


Figure 1. Flow of literature database and Google search strategies.

Table 2. Questions sent to organizations regarding their e-learning module(s)

1. What is the name of the organization that has developed the e-learning module?
2. What is the name of the organization that owns the e-learning module?
3. What is the topic of the e-learning module? (For example: suicide prevention, suicide awareness)
4. Is the e-learning module addressing suicidality in a specific group or suicidal persons in general? If a specific group, please describe which group is being addressed.
5. For which group of gatekeepers has the e-learning module been developed? (For example: nurses, mental health caregivers, teachers)
6. Is the e-learning module currently online and accessible? If yes, please explain how users can access the e-learning module.
7. How has the e-learning module been designed? (For example: voice-over, text, movies, PowerPoint lecture)
8. Has the effectiveness of the e-learning module been tested or is your company planning on testing it? If yes, please let us know when and how you tested the effectiveness and what the outcome was.
9. In which language(s) is the e-learning module available?
10. Is a fee required to attend the e-learning module or is the e-learning module free of charge?

Additional information (optional):

plans to develop the proposed module. An institute from the UK was initially included due to a reference on the website regarding the relationship between depression and suicide, thus, it seemed possible that the modules covered suicide as a component of depression. However, this was not the case and therefore this organization was excluded. After reviewing the answers of the 13 organizations that responded to the survey, four modules were excluded from further use since these focused on suicide intervention or bereavement after a suicide, rather than on prevention. An overview of the excluded e-learning modules can be found in Table 3.

Based on the answers, Table 4 was composed, which gives an overview of the characteristics of the nine e-learning modules that fully met the three selection criteria.

The included modules in this study are from Australia (1), The Netherlands (2), the UK (2), and the US (4). These modules show not only similarities, but also distinguishing

characteristics. The topic of seven of the modules is suicide prevention and awareness, while the remaining two, Cafcass and HHYP, address self-harm alongside suicide. Except for APS and QPR Institute Inc., which focus on persons at risk for suicide in general, the remaining organizations have chosen a specific at-risk group such as adolescents or patients. Another remarkable detail is that In the Line of Duty and ePhysicianHealth.com focus on gatekeepers themselves as an at-risk group. Although only modules targeting gatekeepers were selected for this study, it is interesting that the included modules target a wide range of professionals, such as clinicians, members of health care teams at schools, and officers. Furthermore, all modules are offered as a stand-alone course, except the ones offered by PITStopSuicide and State Hospital Carstairs, which are part of a blended learning training.

The base of almost all the modules is a PowerPoint lecture with voice-over narration. However, MHO, QPR

Table 3. Overview of the excluded modules

Country	Name of Organization	Topic
Australia	Indigenous Psychological services Lifeline Australia	Suicide intervention (Covers LivingWorksASIST)
	Men at Risk (On the Line, MensLine)	Suicide assessment and intervention
Australia + New Zealand	Living Hope Bereavement Support Training Course and The Salvation Army	Suicide bereavement
Australia + New Zealand	QPR and The Salvation Army	Suicide prevention
Belgium	KHLim Quadri	Depression and suicide prevention
Canada	For Interior Health Mental Health and Addictions Services	Suicide prevention
India	Banjara Academy	Depression and suicide
Ireland	Lost for Words; words for loss (Irish Hospice Foundation)	Someone who is bereaved
UK	Renful Premier Technologies	Methods of countering suicide terrorism
US	The Online Geriatrics University	Depression, including identification of suicide ideation
	ASPIRA Continuing Education	Suicide prevention

Note. The modules could either be part of a blended learning program or be offered as a stand-alone course.

Institute Inc., and ASP in particular support their modules with additional features such as an online discussion board, role-play downloads and practice sessions. In addition, the first two organizations pay special attention to the role of *ethnicity* in suicide prevention. Furthermore, the effectiveness of the majority of the modules has not been tested nor is it scheduled to be tested. The QPR Institute Inc. conducted a study comparing face-to-face training with distance learning, but the results have not yet been published. Both MHO and PITStopSuicide from VU University Amsterdam are conducting an RCT to test the effectiveness of the programs, and Cafcass is planning to test the effectiveness of their module. Lastly, the modules from seven organizations are accessible for free or are only available to employees of the organization, while the remaining two from QPR Institute Inc. and In the Line of Duty require a fee.

To illustrate the method behind these e-learning modules, the program MHO from VU University Amsterdam will be discussed briefly. This program has been chosen because the authors have developed the modules in this program and can provide accurate information regarding this program.

Example: MHO (VU University Amsterdam)

This online suicide prevention training program addresses the process of recognition, guidance, and referral in the case of adolescent suicidality through eight modules: suicidality among adolescents (module 1), risk factors (module 2), ethnicity (module 3), recognition of suicidality (module 4), conversation with the suicidal adolescent (module 5), conversation with the parents (module 6), suicide first-aid (module 7), and care and aftercare when an adolescent completes or attempts suicide (module 8; Ghoncheh, Vos, Koot, & Kerkhof, 2013). The modules have been devel-

oped by the researchers in this study using Adobe Presenter 7 software to convert PowerPoint slides into e-learning modules. Moreover, apart from text the modules include a voice-over, graphs, quizzes, and cases. Each module takes approximately 10 min to complete and it is up to the participants, based on their needs and experiences, to decide which modules are relevant for them to follow. Furthermore, participants also have access to additional information on the website such as articles, films, interesting links on the subject of adolescent suicidality, and an online discussion board. This board gives participants the opportunity to exchange thoughts on adolescent suicidality with other gatekeepers, and ask a group of experts questions regarding this subject (Ghoncheh et al., 2013). The effectiveness of this program is currently being tested in an RCT with a pretest, posttest, and follow-up design. In addition, the e-learning modules are being evaluated by gatekeepers participating in the study. A protocol paper on this study has been published in which detailed information regarding the program and study, such as background, developmental process, design, and outcome measures is provided (Ghoncheh, Kerkhof, & Koot, 2014).

Discussion

This review aimed to give an overview of the existing e-learning modules on suicide prevention designed for gatekeepers, and in addition aimed to review the effectiveness of these modules. Although no published papers meeting the inclusion criteria were found in the literature search on this topic, the Google search resulted in 23 existing e-learning modules. Thirteen organizations responded to questions regarding their institute's module, of which nine were included in this study. The effectiveness of the majority of the modules has not yet been tested. As a con-

Table 4. Overview of documented Google search suicide prevention E-learning modules for gatekeepers

Country	Organization	Topic	At-risk group	Target group	Form	Effectiveness modules	Language	Accessibility
Australia	The Australian Psychological Society (APS)	Two training packages on suicide prevention	1. Individuals and communities within the Kimberley region	1. Health professionals working in the Kimberley region	Stand-alone	Effectiveness has not been tested	English	Free for healthcare practitioners registered to the ATAPS scheme
			2. Not directed at a specific group	2. Health clinicians	1. Online video presentations, demonstrations, interactive activities, readings 2. Printable learning guide, online video presentations, demonstrations, interactive activities, readings, online discussion forum	Participants are required to complete an evaluation as part of the course and this is monitored		All others pay a fee
The Netherlands	Mental Health Online (MHO), VU University Amsterdam	Suicide prevention	Adolescents (12–20 years)	Professionals that work with adolescents	Stand-alone	RCT Status: ongoing	Dutch	Free
				Mainly: members healthcare teams schools, youth nurses and mental health caregivers	Eight short modules, each capturing an important aspect of the process of early recognition, guidance, and referral. Note: separate module addressing ethnicity PowerPoint lectures, voice-over, graphs, quizzes, cases, links, documentaries, papers, online discussion board			During the RCT only available for the participants
UK	PITStopSuicide, VU University Amsterdam	Suicide prevention	Patients (18+ years)	Mental health caregivers	Part of blended learning	RCT Status: ongoing	Dutch	Free
					PowerPoint lecture, voice-over, movies			During the RCT only available for the participants
UK	State Hospital, Carstairs	Suicide awareness and prevention	Mentally disordered offenders detained and receiving treatment in a high-security hospital	Front-line clinical staff (all disciplines)	Part of blended learning	Not tested. Participants are invited to complete an online evaluation	English	Restricted
					Text, graphics, photographs and web links – using LECTORA software			Only available to employees of The State Hospital – intranet based

Table 4. continued

Country	Organization	Topic	At-risk group	Target group	Form	Effectiveness modules	Language	Accessibility
US	Children and Family Court Advisory and Support Service (Cafcass)	Self-harm and suicide	Adolescents	Cafcass staff	Stand-alone	Expected	English	Restricted
					In an Authoring Tool from Learning Pool.com who host the e-learning	Only available to Cafcass employees as part of Cafcass internal training		
	QPR Online Gatekeeper Training, QPR Institute, Inc.	Suicide prevention	Persons at risk for suicidal behaviors	QPR training has been adapted and expanded for a wide variety of gatekeepers, including by ethnic minorities, and by nationality	Stand-alone	A paper comparing face-to-face training with online gatekeeper training has been submitted	English	Fee required
					Text, video, voice-over PowerPoint lectures, interactive practice sessions, role-play downloads, mini-exams, reviews and nationally standardized knowledge competency exams	Evaluated		Discounts are available for volume, nonprofit, military or government
	Hollywood Homeless Youth Partnership (HHYP)	Self-injurious behaviors and suicide	Adolescents	Care staff working with homeless youth and staff of all types working with vulnerable youth	Stand-alone	Not tested	English	Free
In the Line of Duty		Suicide prevention	Police officers	Everyone, safety and compliance officers	PowerPoint, voice-over narration	Individuals are required to take a posttest at the end of each module to measure their proficiency in the subject area		
					Stand-alone	Not tested	English	Fee required
					Audio narration, video	The material's effectiveness on its viewers is being tested		
ePhysicianHealth.com		Suicide prevention	Physicians	Physicians	Stand-alone	Not tested	English/French	Free
					Video, text, resources (papers, links, books)			

sequence, even though the included modules show distinguished features, no recommendations can be made regarding which characteristics enhance learning outcomes. The QPR Institute Inc., which is specialized in suicide prevention and has been listed as an evidence-based practice in the National Register of Evidence-based Practices and Policies (NREPP), has done an as-yet unpublished study comparing face-to-face training with distance learning. Both MHO and PITStopSuicide from the VU University Amsterdam are conducting an RCT. MHO has an ongoing user evaluation and effectiveness study, while PIT-StopSuicide has incorporated the e-learning module as an optional component of face-to-face training. Cafcass is planning to test the effectiveness of their module. This shows that the number of ongoing or planned studies in this area remains limited.

The discrepancy between the literature search and the Google search is a remarkable result, since it shows that while across the world the Internet and new technologies are being used to develop innovative strategies to enhance suicide prevention, research regarding the effectiveness of these modules is still lacking. According to suicidology experts, knowledge improvement and sustainability of suicide prevention programs still remain among the important challenges that need to be addressed in the future (O'Connor et al., 2011); the findings from our study are in agreement with this. Three explanations could account for the discrepancy found. First, often when innovative prevention and intervention strategy programs are funded, the resources are not sufficient for research, maintenance, and broad implementation. Second, organizations and developers, especially those distanced from academic settings, might not have the required experience, instruments, and assistance to carry out the needed scientific studies. Lastly, since this line of research is fairly new, lack of standardization and guidelines regarding best practices could make the research process quite challenging. Nevertheless, it should be noted that effectiveness studies on the use of e-learning modules as a strategy to educate gatekeepers in mental-health-related topics seems to be lacking in general and is not restricted to the field of suicidology.

By contrast, research on the effectiveness of e-learning programs appears to be more advanced in the field of medicine. Two systematic reviews addressing e-learning programs in health identified a large number of studies in this area (Ruggeri, Farrington, & Brayne, 2013). One study compared the effect of Internet-based intervention with no intervention and with non-Internet interventions. Findings showed that Internet-based learning had a large positive effect compared with no intervention. Mixed and generally small effects were found comparing Internet-based with non-Internet learning that, according to the authors, could indicate similar effectiveness to traditional methods (Cook et al., 2008). Another study aiming to identify characteristics that could improve learning outcomes suggested that interactivity (use of questions), practice exercises, repetition of learning material, and feedback could improve learning outcomes. In addition, health professionals' satisfaction seemed to improve with interactivity, online discussion (discussion board, e-mail etc.), and audio in tutori-

al (Cook et al., 2010). It should be noted that conclusions and recommendations from both studies were tempered due to study limitations. Moreover, both studies highlighted that many reports lacked a description of important key elements, instructional design, or outcomes (Cook et al., 2008; Cook et al., 2010). Studies on the cost effectiveness of e-learning in health are essentially unreported, and potential gains are still unknown (Ruggeri et al., 2013).

Even though research on the effectiveness of suicide prevention e-learning modules targeting gatekeepers is lacking, research on effectiveness of e-learning (including modules) in health education seems promising. Especially with a subject as sensitive as suicide, deployment of e-learning modules can be beneficial in creating awareness of how individuals at risk can be recognized, guided, and referred for assistance by gatekeepers. Based on the findings of this study, several recommendations can be made to improve future research in this area. First, there is a need for RCTs aiming to test the effectiveness of e-learning modules. The literature search showed that there is a lack of research in this area. Moreover, ongoing and planned research remains limited. Second, as highlighted by the two systematic review studies in the medical field, detailed description of essential information such as background, theories, development process, and outcomes is highly necessary. The existing information on the web was generally not sufficient to get a complete overview of the most important characteristics of the currently available suicide prevention e-learning modules targeting gatekeepers. Third, organizations and funding agencies should not only invest in development of e-learning programs in this area, but should provide continued resources for research, maintenance, and broad implementation. Finally, research and developers should work toward standardization of e-learning modules and assessment methods.

Limitations

First, the discussed modules in this review derive from the Google search, lacking scientific research regarding important aspects of these modules such as effectiveness, the development process, or user satisfaction. As a result the modules included in this review could only be briefly described. Second, although it was attempted to expand the literature search by compiling all the possible synonyms for *suicide*, *e-learning module*, and *gatekeepers*, it is possible that papers and studies that have used other terms than the ones used in this study, have not been included in this review. Third, of the 23 organizations approached, only 13 answered the questions regarding the characteristics of their institute's e-learning modules. If the remaining ten organizations had responded and were eligible for this study, a more complete overview could have been composed. Fourth, the Google search probably missed existing e-learning modules on this topic that have chosen to use different terms than the combinations used in this study. Moreover, the collected information regarding the modules is limited and only based on the information provided by the organizations because access to the majority of the

modules was restricted. Lastly, it is not surprising that the majority of the included modules are from English-speaking countries since the terms used in both searches are English. Therefore, existing modules on this topic from countries that have used non-English languages to address the same are not included in this study.

Conclusion

Despite a lack of scientific evidence, the findings from this study provide a first overview of existing e-learning modules across the world aiming to educate gatekeeper in suicide prevention. The main conclusions that can be drawn from the findings of this review are that e-learning modules in this area are increasingly available, but that research regarding the effectiveness of these modules is lacking. Moreover, the ongoing and planned studies in this area remain limited. Future research should determine whether the use of e-learning modules is an effective strategy in gatekeepers' education in suicide prevention, and which features enhance learning outcomes.

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